

# SKY

APRIL 2011

DELTA



*with*  
GIADA DE LAURENTIIS  
KATHY GRIFFIN  
BRIAN GRAZER  
LAIRD HAMILTON  
GABRIELLE REECE  
ANTHONY KIEDIS  
MAYOR ANTONIO VILLARAIGOSA  
JOY BRYANT

## Los Angeles

101 REASONS WHY L.A. SHINES LIKE NEVER BEFORE



From top: Hiking on the Big Island; Rambutan fruit at the Kilohana Plantation in Kauai; Guests tour a pineapple field at the Kilohana Plantation; Executive chef Andrew Although picks fresh herbs from the Kilohana Plantation; Mixing drinks at the Lobby Bar at the Waikiki Edition Hotel.



The spa has also recently partnered with Kauai-based skincare line Maile Organics.

**On Oahu:**

Lena Mossman comes from a long line of Hawaiian healers, so when she took over as spa director at the 456-room **Halekulani** two years ago, a top priority was bringing a greater sense of authenticity to the Waikiki spa. The result is a menu of services such as the Polynesian Steam Therapy, a modern take on a traditional Polynesian heat therapy for treating upper respiratory issues: Guests get rubbed down with eucalyptus oil then tented under a *tapa* (a traditional cloth made from tree bark and painted with decorative symbols) as steam is piped in. There's *lomi lomi*, of course, but here it's performed by therapists whose techniques are rooted in Hawaiian tradition—one practitioner's *lomi lomi* might be totally different from another's, as the method differs from family to family.

Not all of Hawaii's healing culture is rooted in the past—in fact, at the **Sullivan Estate** on Oahu's pristine northern shore, modern technology is integrated with some of the islands' best holistic principles to create an innovative healing retreat. Owned by Jurgen Klein, founder of Australian beauty line Jurlique, the Sullivan Estate is a 5.2-acre, six-bedroom compound that normally rents for \$15,000 a night. It's rumored to have played host to the likes of Bono, but those looking to channel their holistically-minded inner rock star without shelling out the cash can book a treatment at the property's spa. Along with five treatment rooms spread over the manicured grounds, guests in Klein's JK7 room float weightlessly in a shallow pool for an hour or more as colored lights, smells and sounds tuned to the body's biorhythms are piped in. It all makes for an incredibly relaxing and transformative experience.

**No. 8**

**Because farm to table has never been this good.**

**Talk about nature's bounty: Never have visitors to the islands been able to get closer to the source of their food than they are now.**

**On Maui:**

Visitors can sign up for **Akina Tour's Grown on Maui** bus tour, which takes them to various farms on the island. The tour kicks off at the University of Hawaii's Maui Campus Culinary Academy with a continental breakfast featuring locally sourced ingredients. Then it's on to the Hali'imaile Pineapple Company to see how the fruit is grown. After that, it's lunch at the O'o Farm. The tour wraps up at the Ali'i Kula Lavender Farm, where guests can see the potent herb in action by sampling some of the farm's produce—namely the lavender chocolate gelato or a lavender scone. Trust us: It's as delicious as it sounds. Or, if you'd rather sample Maui's viniculture options, book **Maui Culinary Tour's Agriculture and Dining Tour**. After lunch at a local restaurant (using farm-fresh ingredients, just-caught fish and locally raised beef, of course), you'll head to the Tedeschi Winery at Ulupalakua Ranch, where you can see how their famous wines made from pineapple are produced. The tour also includes a stop at a local farm where herbs,



*(Continued on page 96)*